

# What Can I Do?

- Show you disapprove of drinking - 90% of youth say their parents have the most significant influence on whether they drink.
- Be open and honest - show you care about your child's health and success.
- Stay informed so you can be a trustworthy source.
- Pay attention to what's going on with your youth.
- Build strategies to avoid drinking - peer refusal skills.
- Create a plan so it's okay for youth to say, "no thanks".

**TALK TO  
YOUR  
KIDS**

**WCC**  
Wayne County Coalitions



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